

Nancy Culhane, M.S. Licensed Marriage and Family Therapist
407 San Anselmo Ave. #206 / San Anselmo, CA /415-903-5252

PROFESSIONAL DISCLOSURE STATEMENT Philosophy and Approach:

All human beings possess the desire to live a healthy, purposeful life. My role is to assist clients to develop these abilities, and to bring their best selves to their own lives and relationships. My training is in Counseling Psychology. My theoretical orientation draws largely from a humanistic, family systems perspective, influenced by psychodynamic and experiential models. This means exploring who my clients are in relation to their inner world and to significant figures in their outer world. It also means searching for meaning in a comfortable environment where my clients feel safe exploring their lives. I see this search for self and meaning as the key to emotional wellness and overall health.

Formal Education and Training: I hold a Masters of Science in Counseling Psychology from San Jose State University. My major coursework at SJSU included Human Development, Counseling Theories and Skills, Group Therapy, Couples, Marriage and Family Counseling, Counseling Ethics and Diagnosis and Treatment Planning. I also have received specific post-graduate clinical training in Family Systems Therapy, Relational Life Therapy, Mindfulness and Health Psychology.

As a Licensee of the California Board of Behavioral Science Examiners, I abide by its Code of Ethics. I am also a member of the California Association of Marriage and Family Therapists, and abide by its Code of Ethics. To maintain my license, I am required to participate in continuing education, taking classes dealing with subjects relevant to this profession.

Fees: My fee for each 50 minute online session is \$160. Fees for longer sessions are pro-rated accordingly.

As a client of a California Licensed Marriage and Family Therapist, you have the following rights:

- To expect that a licensee has met the minimal qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee; • To obtain a copy of the Code of Ethics;
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to client or others; 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by client against licensee;
- To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services. You can contact the Board of Behavioral Science

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Sacramento, CA 95834 / (916) 574-7830
Email: BBS.Info@dca.ca.gov Website: www.bbs.ca.gov

I have read and understand this Professional Disclosure Statement.

Client Signature

Date

Client Signature

Date